PARK CENTER PROGRAMS and SERVICES
To make a referral visit: www.parkcenternashville.org

Psyciatric Rehabilitation (Park Center South)
- For adults 18 and over with diagnosis of severe and persistent mental illness.
- Must have TennCare insurance.
- Offers pre-employment training, skill building, community integration, and recovery groups M-F 9a-2p.
- Groups include Illness, Management, and Recovery (IMR), Wellness Recovery Action Plans (WRAP), wellness groups, anger management, etc.
- Located at 801 12th Avenue South (in the Gulch).
- Not appropriate for individuals with diagnosis of Mental Retardation.

Supported Employment Program
- For adults with diagnosis of severe and persistent mental illness.
- Must have TennCare insurance.
- Must live in Davidson County.
- Provide supportive services for consumers seeking employment.
- Located at Park Center East & South locations.

Co-Occurring Services

Co-Occurring Psychiatric Rehabilitation (Park Center East)
- For adults 18 and over with diagnosis of severe and persistent mental illness and substance abuse.
- Must have TennCare insurance.
- Offers pre-employment training, community building, social integration, and co-occurring (12-step) groups M-F 9a-2p.
- Groups include: women’s group, men’s group, Adult Children of Alcoholics (ACA), Duel Recovery Anonymous (DRA), Wellness Recovery Action Plane (WRAP), Anger Management, etc.
- Located at 948 Woodland Street (5 points in East Nashville).
- Not appropriate for individuals with diagnosis of Mental Retardation.

Intensive Outpatient (IOP) and Outpatient (OP) Programs (Park Center East)
- For adults 18 and over with diagnosis of severe and persistent mental illness and current substance use.
- Offers intensive treatment regarding co-occurring disorders including education, trauma groups, and co-occurring groups M-F 9a-2p.
- OP/IOP schedule runs Monday through Thursday 9:00a-12:00p.
- Located at 948 Woodland Street (5 points in East Nashville).
- Not appropriate for individuals with diagnosis of Mental Retardation.
Emerging Adults Services

Emerging Adults Psychiatric Rehabilitation Day Program (Park Center North)
- For adults ages 18-24 with diagnosis of severe and persistent mental illness.
- Must have TennCare insurance.
- Offers skill building, social integration, and recovery groups M-F 9a-3p.
- Focus on either continuing education or pursuing employment.
- Located at 4501 Gallatin Pike (in Inglewood).
- Not appropriate for individuals with diagnosis of Mental Retardation – IQ above 70.

Emerging Adults Housing
- For adults ages 18-24 with diagnosis of severe and persistent mental illness.
- Separate male and female housing units.
- Female units include 24/7 on-site staff support.
- Male units require independence, with staff on-site only 6p-10p.
- Must have MH hospitalizations OR adolescent foster care OR currently be homeless.
- Cannot be sex offender or have a past of sexual acting-out behaviors.
- No insurance or income requirements.
- Located in East Nashville.
- Runs off a wait list.

Residential Services

Safe Haven
- For homeless adult women in Davidson County with diagnosis of severe and persistent mental illness.
- 90-day housing; supportive services to help consumer secure an income and permanent housing.
- Case Managers work closely with residents during their time in the program.
- Can accommodate up to 8 women with 24/7 on-site staff support.
- Cannot be incarcerated for more than 90 days.
- No income or insurance required.
- Cannot be sex offender.
- Located in East Nashville.
- Runs off a wait list.

Supported Housing
- For adults with diagnosis of severe and persistent mental illness.
- Separate male house and female house, each housing up to 8, with 24/7 on-site staff support.
- Requires TennCare and rent payment of $500 (including food and utilities).
- No time limit to services, though TennCare must continue to authorize consumer’s eligibility.
- Cannot be sex offender.
- Located in East Nashville.
- Runs off a wait list.

Independent Housing
- For adults with diagnosis of severe and persistent mental illness.
- Must be sober and clean for at least 5 months.
- No insurance requirements; must be able to pay rent (ranging from $300 to $400) and daily living expenses.
- Will receive supportive services from staff, including weekly grocery and gym transportation.
- 1-, 2-, and 3- bedroom units located throughout East Nashville (a few in Madison & Donelson).
- Runs off a wait list.
Homeless Outreach Services

**SOAR Outreach (SSI/SSDI)**
- For adults with diagnosis of severe and persistent mental illness.
- Must meet the definition of chronic homelessness.
- Must be in Davidson County.
- Must be an “unaccompanied adult”.
- Cannot be incarcerated for more than 5 years at one time.
- Cannot have an SSI/SSDI case currently pending.
- Outreach workers assist consumers in getting disability cases approved.

**Street Outreach**
- No strict eligibility requirements.
- Homeless individuals in Davidson County needing assistance can call outreach worker or the referral specialist.
- Will assist in setting up appointment, finding housing, transportation, etc.